

COMMENDING THE CITY OF  
MONTCLAIR IN THE WAR  
AGAINST HEART DISEASE

**HON. GARY G. MILLER**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, May 3, 2000*

Mr. GARY G. MILLER of California. Mr. Speaker, I rise to celebrate the exciting work that is being done to combat heart disease in the City of Montclair, California.

Heart disease is the number one killer in this nation. To battle this deadly problem, the American Heart Association works with local cities to encourage education on the disease and to promote healthy lifestyles. This year, I am pleased to join the American Heart Association of the Inland Empire to recognize the City of Montclair in the war against heart disease.

You may be interested to know that the City of Montclair successfully competed for a grant from the California Department of Health Services Nutrition Network to promote healthy eating and lifestyles choices. This grant expands the city's Por La Vida program. This program trains Latino women to be health educators (consejeras) with a six-week series of ongoing cooking classes. In addition to healthy meal preparation, the classes include formal chef demonstrations and tours of a local farmer's market. To promote heart-healthy lifestyles throughout Montclair, the city council is also supportive of a cooking contest and a health promotion workshop that will be open to the entire community this summer.

I commend the City of Montclair for this innovative approach to educating and promoting heart-healthy lifestyles.

TRIBUTE TO VIRGINIA TUFARO

**HON. CAROLYN MCCARTHY**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, May 3, 2000*

Mrs. MCCARTHY of New York. Mr. Speaker, I rise today to pay tribute to a real hero from my District, Virginia Tufaro. As a life long resident of Long Island, Virginia has dedicated her life to helping others. For over 27 years, as a registered nurse and through her volunteer work as a member of the Mineola Volunteer Ambulance Core, the New York Disaster Medical Assistance Team, and the Safe Kids Coalition—Virginia is truly one of our unsung heroes on Long Island.

In addition, Virginia can be found teaching junior volunteers, working at the first station at the Olympic Swim Team Trials, and at the local county fair's first aid station.

Virginia's daily heroism came into the public's eye on December 30, 1999, when Virginia saved Michael Geier's life. Michael had been riding at the North Shore Equestrian Center in Brookville, New York. When Michael's horse returned to the barn without Michael, Virginia jumped off her horse and into her jeep in search of Michael. She found him face down in the dirt. He was flaccid and unresponsive. He had a pulse, but his breathing

EXTENSIONS OF REMARKS

was agony and it was clear the situation was desperate.

Fortunately, Virginia's expertise is in critical care and trauma, thus she was able to quickly assess her patient's condition and intervene to save his life. She stabilized Michael's airway and cervical spine and administered artificial respiration. Virginia then mobilized a helicopter rescue and were both airlifted to Nassau County Medical Center, a level one trauma center, where he was immediately incubated and placed on a ventilator. Michael slipped into a coma for about a week, but thankfully today Michael has regained consciousness and is doing great at St. Charles Rehabilitation Hospital.

As we begin to celebrate National Nurses Week, I want to thank Virginia for going above and beyond the call of duty for the people of Long Island.

HONORING DR. LEE AND KATHY  
BERMAN

**HON. BRAD SHERMAN**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, May 3, 2000*

Mr. SHERMAN. Mr. Speaker, today I pay tribute to two exceptional people, Dr. Lee and Kathy Berman, as they receive this year's Spirit of Life Award from Temple Bat Yahm. Their dedication and commitment to their temple and community serves as an example to us all.

A practicing optometrist for the past 25 years, Lee Berman has a long history of distinguished service to the Jewish community and the greater community. His religious leadership positions include Vice President of Membership and Treasurer at Temple Israel in Long Beach. At Temple Bat Yahm, Lee has also held various Vice Presidential positions, including Membership, Facilities, and Long Range Planning. Currently, he is serving his second term as President of the Temple Bat Yahm Board of Trustees. He has also served on the Board of Directors for the Jewish National Fund. Lee's ongoing commitment to the Boy Scouts of America is evidenced by his service as a Cub Master and as an Assistant Scoutmaster for the past four years. Kathy Berman has also long been active in scouting, having served as a Cub Scout leader, Girl Scout leader, and Troop Organizer for the Greater Long Beach Girl Scout Council. Along with her husband, Kathy has dedicated herself to Temple Bat Yahm, where she served as Sisterhood Co-President for three years. She has also served as Scrip Chair, Gala Reservation Chair, Campership Chair, and as a singer in the Temple choir.

Together, Dr. Lee and Kathy Berman worked diligently to create a new expanded campus and Torah learning center at Temple Bat Yahm. Their dedication to the realization of this goal has not gone unnoticed and, through their leadership, their dream will soon become a reality. In recognition of their invaluable service, Kathy and Lee will receive the distinguished Spirit of Life Award from Temple Bat Yahm at its annual Gala Dinner Dance, Vision 2000. This honor represents the exem-

*May 3, 2000*

plary dedication of Lee and Kathy to improve both Temple Bat Yahm and our community.

Mr. Speaker, may we ask our distinguished colleagues to join me in extending our gratitude and appreciation to Dr. Lee and Kathy Berman for their dedicated service to our community.

HONORING THE 2000 BEST OF  
RESTON AWARD WINNERS

**HON. THOMAS M. DAVIS**

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, May 3, 2000*

Mr. DAVIS of Virginia. Mr. Speaker, I rise today to honor those residents of Reston, Virginia who have been awarded the Best of Reston Community Service Award, which is presented annually by the Greater Reston Chamber of Commerce and Reston Interfaith to honor businesses and individuals that have gone above the norm in their service to others in the Reston community.

Dan Amato and the Hyatt Regency Reston—for their strong work ethic, invaluable customer service and commitment to the community. Both Dan Amato and the staff of the Hyatt Regency Reston have taken enormous strides to host a quality facility in Reston. Throughout their years in the Reston Town Center, they have been more than willing to donate time, resources and money to the many organizations that patronize their hotel. Whether it has been hosting an event for the Reston 2000 Task Force, donating gift certificates for countless charities and community organizations, or supporting the Greater Reston Arts Center's (GRACE) gallery and the Greater Reston Chamber of Commerce, Dan Amato and the Hyatt have made continuous strides to be involved in every aspect of the community. Many charities and organizations have benefited from their generosity. Their services—whether it is as host for a meeting or sponsor of an event—are highlighted by their quality of work and impressive work ethic.

Willie Bush—for his desire to help the less fortunate. Willie Bush is a well known figure within the family of Reston's Martin Luther King Christian Church. As Chairman of the Church Outreach Center, he has spent 14 years providing holiday food baskets, serving as a member of Reston Interfaith, the Reston Jaycees and the Church Bible Study/Choir/Deacon Board, and serving as a member of the "Works Sunday Project," an outreach activity in support of the homeless, abused women and senior citizens. Throughout his long history of providing assistance to others, he has exemplified his Christian living by working for the poor, visiting the sick and feeding the hungry. Whether a member has needed food or clothing, money to pay utility bills or simply support, Willie Bush has given of himself and worked for the betterment of the Reston community.

Nancy Burke—for her tireless efforts and support of athletics in the community. Nancy Burke currently serves as a Health and Physical Education, Sports Medicine and Driver's Education teacher at South Lakes High